

## AUTISMUS**ZENTRUM**CHEMNITZ und Außenstelle ANNABERG-BUCHHOLZ

### WHO CAN HELP?

Autismus-Zentrum Chemnitz

Stadlerstraße 4

09126 Chemnitz

Phone: 0371 26 23 70

E-Mail:

zentraleanmeldung@autismus-chemnitz.de

Website:

autismuszentrum-chemnitz.de

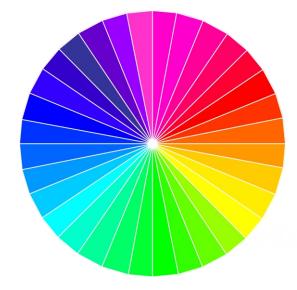
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# AUTISM EASY TO READ



### WHAT IS AUTISM?

Autism is not a disease.

People are born with autism.

People have autism their whole lives.

With autism the brain works differently.

This is why perception is different.

Perception means for example: smelling, seeing, hearing, tasting.

The perception of feelings is different, too.

People with autism are called autistic people.

Autistic people think differently.

Thinking determines how people act.

Autistic people sometimes act differently.

There are autistic people who talk.

There are autistic people who do not talk.

Or only talk a little bit.

This is why sometimes autistic people and other people do not understand each other.

Every autistic person is different.

Autistic people like various things.

Autistic people can be better or worse at doing things.

### WHAT IS IMPORTANT?

To listen to autistic people.

To give autistic people time.

To explain things to autistic people.

There are people who help autistic people.

Some people get money for this. An agency pays this money. Or a health insurance.